

The logo for Pilgrims' Friend Society, featuring the text "PILGRIMS' FRIEND SOCIETY" in a white, serif font, enclosed within a white, curved, oval-like border.

PILGRIMS'  
FRIEND  
SOCIETY

A photograph of an elderly woman with short, wavy white hair and glasses, smiling warmly. She is wearing a light-colored, intricately embroidered cardigan over a blue patterned scarf. The background is softly blurred, showing an indoor setting with warm lighting.

# Koinoina Christian Care Home, *Warthing*

Fulfilled living  
in later life

# About Koinonia

## Koinonia Christian Care Home is a 39-bed home in Worthing.

We offer **residential care for older people**, including for those who are **living with dementia**. We can provide **respite care** to those who need it and we are able to offer **care at the end of life**.

The home is spread out over five interlinked houses. The fifth house, Gwynne House, specialises in the care of residents with dementia. The majority of rooms have lift access and all rooms are en-suite (toilet and washbasin). All rooms are single and furnished but residents can bring some of their own furniture if they wish. Residents can provide their own television and there is an aerial point in each room. External telephone lines can be connected at resident's own cost and there is free wifi throughout the home.

There are four lounges across the five houses. The main lounge (a sun lounge attached to the dining area) and the

front lounge are the areas most used by residents. There is a small private lounge area which is often used for visiting, quiet times and prayer meetings, and a fourth lounge which is set aside especially for those living with dementia. Each lounge has access to a large screen television.

We have two gardens - a larger one for communal activities and entertainment, and a smaller, quieter one for those living with dementia.

Dietary requirements of residents are respected; the Kitchen staff cater for particular diets or needs. Food is home-cooked, with an emphasis on healthy and wholesome eating!





## *Caring and* **highly trained staff**

The Care Manager, who is registered by the Care Quality Commission, is responsible for the dedicated team of over 50 staff members.

We have up to two senior staff on each shift leading a team of up to six carers. At night we have one night care lead and three carers.

We also have an Activities and Community Engagement Facilitator, a Maintenance Officer and a domestic team who ensure that the home is a clean and comfortable environment to live in – one in the kitchen working alongside our Catering Manager, a team of two carrying out cleaning throughout the home. We provide a laundry service so that those who live with us always have a clean and tidy wardrobe.

We are supported by a central team consisting of Operations, Property Services, Finance, Marketing and Communications, and Human Resources.

Pilgrims' Friend Society puts in place excellent staff training including from Altura, a Centre of Excellence with a suite of training courses covering a wide range of topics. To keep those who live with us safe, we also provide all care staff training in Manual Handling to Level 2 which is accredited by the Royal Society for the Prevention of Accidents (RoSPA).



“The team  
go the second  
mile again  
and again.”

## The Way *We Care*

At the very heart of our person-centred care is our bespoke approach called The Way We Care which is designed to ensure older people have all that they need to flourish in their later years, especially as their physical needs increase. We are committed to seeing the whole person – the history, the experiences, the joys and the sorrows of life, and to knowing who the important people are who make up the bundle of each person’s living.

Koinonia employs Hummingbirds as part of The Way We Care, and a The Way We Care Lead who takes responsibility for making sure that this approach is understood and threaded through all that goes on in the home, whether that’s in care plans, activities and entertainment, or conversations with relatives.

The Way We Care is grounded in our Christian faith and draws inspiration from the Bible. Every part of what The Way We Care looks like in the daily lives of our care homes is rooted in how the Bible tells us to treat and support others around us.

You can watch our film about The Way We Care at  
[www.pilgrimsfriend.org.uk/thewaywecare](http://www.pilgrimsfriend.org.uk/thewaywecare)  
or by scanning here:



# *Our person-centred* **approach to care**

It is important to us that those who live with us lead fulfilled lives through the excellent care and services we provide. Therefore, before someone comes to live with us, we meet with them to complete a full and comprehensive care needs assessment to identify what the individual care needs, interests and choices are, and to ensure we are able to meet them.

Once someone has moved in, a senior member of the care team will discuss their needs with them (and/or their advocate) and create an individually tailored electronic Care Plan which is easy to understand and covers everything relating to their personal care, including their social interests, personal relationships, hobbies, and emotional, spiritual and cultural needs.

The Care Plan is regularly reviewed by the senior care staff, together with the resident (and/or their advocate), to discuss any changes needed and to make sure all the resident's current needs are being met. We want those living with us to be involved in decisions and be able to discuss their affairs, alongside their relative or representative, knowing that information is kept strictly in confidence.

We support those who live with us to remain as independent as possible but our care team also provide support with activities such as bathing, dressing and mealtimes for those who need it. Residents can specify male or female care staff and, depending on the gender mix of the team, we will aim to meet this request.

Alongside the network of healthcare professionals, and with input from our Care Leads and Catering Manager, a range of special diets and needs are catered for. We also have regular visits from a chiropodist and a hairdresser, and we can support residents to appointments.

Relatives and friends are welcome to visit at any time during the day and there is the opportunity for them to purchase a meal in the home if they wish to do so, by prior arrangement.





## *Whole person care* **in a family atmosphere**

**Our concern is for the welfare of the whole person – emotional, physical, mental, social, and spiritual.**

At Koinonia we have an active social life in which residents can take part or follow their own pursuits. Planned together with residents and our dedicated volunteers, a programme of in-house and external activities, led by the Activities and Community Engagement Facilitator, takes place throughout the month. Our activities include singing, flower arranging, armchair exercises, coffee mornings, crafts, and lots more. We have smaller lounges where various activities take place, and we can take the activity to a person's room as needed.

Bible study groups meet regularly, and we have main devotions in the lounge which

are led by local ministers and staff. We also have morning devotions in the lounge, led by our wonderful staff and team of volunteers. We also provide support for personal devotion and prayer. Trips out, as well as involving local schools in craft activities, life histories and singing keeps those who live with us in touch with their local community.

We meet regularly with those who live with us to talk about the activities and social life of the home, and their views are sought on every aspect of life in the home as part of our Quality Assurance system.



PILGRIMS'  
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## About Pilgrims' Friend Society

Rooted in our Christian faith, at Pilgrims' Friend Society we believe that as well as providing secure, comfortable homes and professional care, older people can be supported and encouraged to spend the later part of their lives contributing to the world around them, growing and enjoying fulfilling lives.

We have been supporting older people to flourish for more than 200 years, since a group of Christians concerned about “the aged and infirm Christian poor” established the Aged Pilgrim's Friend Society in 1807. We started off by providing pensions and support through volunteer visits before developing housing and care schemes for older Christians.

Today we continue that legacy by running residential care homes and retirement housing schemes around the UK, providing environments in which older people are comfortable and secure whether they need care or are living independently. In recent years we have started to use our experience as a springboard for inspiring and equipping churches, and other people who work in the community with older people.

We are committed to developing the work to support fulfilled living in later years through our Growth and Renewal Programme which will see more care homes able to deliver great Christian care, including new, purpose-built homes around the UK over the next decade.

“Even to your old  
age and grey hairs  
I am He, I am He who  
will sustain you.”

Isaiah 46:4

# WHAT WE *believe*

Pilgrims' Friend Society is a Christian charity,  
rooted in the Bible.

We believe that the teachings of the Bible are our sole and final authority.

We believe that there is one God in three persons, Father Son and Holy Spirit.

The good news of the gospel is that, although men and women are sinners, God has taken the initiative to save people from every tribe, tongue and nation. We believe that God will bring about the redemption of all things.

God sent Jesus Christ, His Son, to be our Saviour. Jesus became fully human and, at the same time, remained fully God.

Jesus came to buy us back from sin and death by living a perfect life, having no sin, and dying in our place on the cross.

But God's grace did not stop there. When Jesus ascended to heaven, the Holy Spirit was given by God to continue His work on earth.

It is this Holy Spirit who gives us new birth and brings us to repentance and faith in the Son. When the Spirit has begun such a good work in someone, He will bring it to completion.

At the time appointed by God, Jesus will return to earth in glory. He will raise the dead and judge all people. He will banish those not known to Him and He will take His people to be with Him in eternal glory in the new heavens and earth.



# Where to find us

We are a few minutes walk from Worthing train station and just off the A24.



## Contact us

0300 303 8480 | [koinoina@pilgrimsfriend.org.uk](mailto:koinoina@pilgrimsfriend.org.uk)  
[www.pilgrimsfriend.org.uk/koinoina](http://www.pilgrimsfriend.org.uk/koinoina)

## Koinonia

Christian Care  
Home  
Worthing

Information correct at time of publication.

This information in this brochure and accompanying literature sets out a general outline of what we offer and is for guidance only. The information does not in any way form part of a contract or warranty.







## **Pilgrims' Friend Society**

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Framland is part of the Pilgrims' Friend Society family of care homes and housing schemes for older people. Pilgrims' Friend Society is a registered charity and a company registered in England and Wales. Charity No: 1045920 Company No. 3027071

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