



Bethany House

Preston

Supporting older people to live fulfilled lives in their later years

About Bethany House

Bethany House is a 26-bed residential care home in Preston



Spacious bedrooms



13 ensuite rooms



Sunday services



Devotions



Hymns & songs



Activities



Secure gardens



Home cooking



24 hour care



Wifi



Hairdresser



Snacks & drinks



Tablet available



Temperature control

*We offer residential care for older people. We offer both permanent **and** respite care, **and** care at the end of life.*

At Bethany House, there are 13 en-suite rooms which include a toilet. All rooms are fully furnished, with TV aerial points, and private telephone lines are also available. We believe it is important that residents enjoy a feeling of homeliness, so each resident is encouraged to personalise their room with their own belongings.

The dining room and main lounge room are both located on the ground floor. There is also a smaller lounge with a drinks station. Families are welcome to use these spaces when they visit, including if they wish to host special occasions for their relative.

The secure wheelchair-friendly, landscaped garden, which has both paved and grassed areas, along with raised flower beds, is accessed from the main lounge.

The main lounge is used for several activities including Bible devotional times and social activities.

Relatives and friends are welcome to visit at any time during the day and there is the opportunity for them to purchase a meal in the home if they wish to do so, by prior arrangement



Bethany House is rated Good by the Care Quality Commission. For more information, you can find the report on the CQC website or at www.pilgrimsfriend.org.uk/bethany



Caring and highly trained staff

The registered care manager, who is regulated by the Care Quality Commission, is responsible for the dedicated team of over 39 staff members.



Typically, Bethany House has up to four carers and one senior carer on shift every day and there is one carer and one senior carer on shift overnight.

We also have two care managers, an activities coordinator, a pastoral worker, a maintenance officer, two administrators and two cooks. Our housekeepers work in different parts of the home – four in the kitchen and two carrying out cleaning throughout the home. A laundry service is also provided by our staff. This team ensures that the home is always clean and well-presented and that those who live with us have a well-laundered wardrobe.

Pilgrims' Friend Society puts in place excellent staff training, including from Altura, a Centre of Excellence with a suite of training courses covering a wide range of topics. To keep those who live with us safe, we also provide all care staff training in Manual Handling to Level 2 which is accredited by the Royal Society for the Prevention of Accidents (RoSPA).

We are supported by a central team consisting of Operations, Property Services, Finance, Marketing and Communications, and Human Resources.





Whole-person care in a family atmosphere

At Bethany House we have an active social life in which residents can take part or follow their own pursuits. Planned together with residents and our dedicated volunteers, a programme of in-house and external activities, led by the activity coordinator, takes place every month. Our activities include singing, games, armchair exercises, baking, gardening, craft activities, pampering and lots more. Various activities take place in the lounge, and we can take the activity to a person's room as needed.

Bible study groups meet regularly, and we have morning devotions in the lounge, led by staff members, as well as Sunday devotions led by our pastoral worker or local church

leaders and volunteers. We also provide support for personal devotion and prayer. We organise trips out for those who are able, as well as visits from schools, churches and other local groups, which helps to keep those who live with us in touch with their local community.

***“ They will still
bear fruit in old
age, they will stay
fresh and green...”***

Psalm 92:14

Person-centred *care*

It is important to us that those who live with us lead fulfilled lives through the excellent care and services we provide. Before someone comes to live with us, we meet with them to complete a full and comprehensive care needs assessment to identify what the individual care needs, interests, and choices are and to ensure we can meet them.

Once someone has moved in, a senior member of the care team will further discuss their needs with them (and/or their advocate) and will create an individually tailored electronic Care Plan which is easy to understand and covers everything relating to their personal care. It also records their social interests, personal relationships, hobbies, and emotional, spiritual and cultural needs.

The Care Plan is regularly reviewed by the senior care staff, together with the resident (and/or their advocate), to discuss any changes needed and to make sure all the residents' current needs are being met. We want those living with us to be involved in decisions and be able to discuss their affairs, alongside their relative or representative, knowing that information is kept strictly in confidence.

We support those who live with us to remain as independent as possible but our care team also provide support with activities such as bathing, dressing and mealtimes for those who need it. Residents can specify male or female care staff and, depending on the gender mix of the team, we will aim to meet this request.





Alongside the network of healthcare professionals, and with input from our specialist care leads and cooks, a range of special diets and needs are catered for. We also have regular visits from a footcare practitioner and a hairdresser, and we can escort residents to appointments.

We meet regularly with those who live with us to talk about the activities and social life of the home, and their views are sought on every aspect of life in the home as part of our Quality Assurance system.

“The team go the second mile again and again.”





About Pilgrims' Friend Society

Rooted in our Christian faith, at Pilgrims' Friend Society we believe that as well as providing secure, comfortable homes and professional care, older people can be supported and encouraged to spend the later part of their lives contributing to the world around them, growing and enjoying fulfilling lives.

We have been supporting older people to flourish for more than 200 years, since a group of Christians concerned about "the aged and infirm Christian poor" established the Aged Pilgrims' Friend Society in 1807. We started off by providing pensions and support through volunteer visits before developing housing and care schemes for older Christians.

Today we continue that legacy by running residential care homes and independent living housing schemes around the UK, providing environments in which older people are comfortable and secure, whether they need care or are living independently.

We are committed to developing the work to support fulfilled living in later years through our Growth and Renewal Programme which is working to see brand new state-of-the-art homes being built to support Christian care, and ensuring our existing buildings are continually improved and maintained.

**“ Even to your
old age and grey hairs
I am He, I am He who
will sustain you.”**

Isaiah 46:4

*Pilgrims' Friend Society is a
Christian charity, rooted in the Bible.*

What we *believe*

We believe that the teachings of the Bible are our sole and final authority.

We believe that there is one God in three persons, Father, Son and Holy Spirit.

The good news of the gospel is that, although men and women are sinners, God has taken the initiative to save people from every tribe, tongue and nation. We believe that God will bring about the redemption of all things.

God sent Jesus Christ, His Son, to be our Saviour. Jesus became fully human and, at the same time, remained fully God.

Jesus came to buy us back from sin and death by living a perfect life, having no sin, and dying in our place on the cross.

But God's grace did not stop there. When Jesus ascended to heaven, the Holy Spirit was given by God to continue His work on earth.

It is this Holy Spirit who gives us new birth and brings us to repentance and faith in the Son. When the Spirit has begun such a good work in someone, He will bring it to completion.

At the time appointed by God, Jesus will return to earth in glory. He will raise the dead and judge all people. He will banish those not known to Him and He will take His people to be with Him in eternal glory in the new heavens and earth.

Where to find us

Bethany House is just outside Preston. It is on the 1 and 1A bus routes, and is a 15-minute taxi ride from Preston train station. It is also within easy reach of the M6 motorway.

Contact us

BETHANY HOUSE

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www.pilgrimsfriend.org.uk/bethany



Information correct at time of publication. This information in this brochure and accompanying literature sets out a general outline of what we offer and is for guidance only. The information does not in any way form part of a contract or warranty.



www.pilgrimsfriend.org.uk

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Bethany House is part of the Pilgrims' Friend Society family of care homes and housing schemes for older people. The Pilgrims Friend Group operates Preston Bethany Care which is registered as a charity number 1140242 and a company number 7394756. Pilgrims' Friend Society is a registered charity and a company registered in England and Wales. Charity No: 1045920 Company No. 3027071

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